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# Activity sheet

## Solastalgia: The Digital Magazine on Eco-Anxiety - Autumn 2022 - Vol.1

**Duration:** 35 minutes

**Number of participants:** 10 participants

**Age:** 16-25 years

### **Material :**

- The different artistic works in the magazine (paintings; poems; collages) printed individually on both sides. On the front: the artwork; on the back: the artist's description of the artwork.

### **Objectives :**

- Interpret an artistic work;
- Associate its perception of environmental issues with an image and/or words;
- Develop its creative and critical minds.

### **Progress :**

#### **Step 1 : Observation and Selection of Artworks (10 min)**

Prints of the various works are laid out on the floor or on a table. The young people move around the images to observe them carefully and learn about them. The session leader asks young people to choose, in their heads, the work that best represents their perception of the environmental changes underway. They choose just one.



### **Step 2 : Discussing your choice of work (15 min)**

Young people stand in a circle around the images of all the works. In turn, they take the image that best represents their perception of environmental issues and explain their choice. They may not turn the image over. When they have finished, they put the image back down and the person to their right or left takes their turn.

### **Etape 3 : Revealing the artists' stories (10 min)**

Once everyone has spoken, the facilitator asks a young person to read the message of the artist who created each work to find out what it means. The facilitator asks the participants who have chosen the corresponding works if they had initially understood the artist's message or if they are surprised. The facilitator finishes by asking the young people what artistic form (painting, poetry, music, etc.) they would choose to share their perception(s) of the environmental changes underway.